

OROC®
P.O. Box 40332
Bay Village, OH 44140-0332

WHAT IS OROC?

OROC (OutRun Ovarian Cancer) is a volunteer-driven, nonprofit organization dedicated to generating ovarian cancer awareness and raising funds for research and education.

To date, OROC has contributed more than \$2,000,000 toward ovarian cancer research, awareness and education in Northeast Ohio.

WHY ENTER?

The American Cancer Society estimates that more than 13,000 women will die from ovarian cancer this year alone, and about 20,000 new cases of ovarian cancer will be diagnosed. Ovarian cancer research and early detection can save lives. Your support will make a difference. Help OROC and put a new face on this disease – one of hope and encouragement.



Voinovich Park
Cleveland

COURSE:

Join us at Voinovich Park, at the north end of the East Ninth Street Pier. We will continue to offer the virtual option to those who choose to participate remotely.

Virtual event participants can reside anywhere! Invite family and friends from around the country to join you in bringing hope and empowerment to those touched by ovarian cancer.



ENTRY FEES:

Pre-registration

Shirts/bibs mailed to you	\$30
Youth ages 10 & under	\$20
Shirts/bibs picked up day of race	\$25
Youth ages 10 & under	\$15

Day of Race Registration

Shirts/bibs picked up at event	\$30
Youth, ages 10 & under	\$20

There is no early Packet Pick-up. Only pre-registered participants are guaranteed a 2023 OROC race shirt.

REGISTRATION:

Register online by midnight of 8/3/23 @ www.hermescleveland.com
Mail-in entries must be received by 7/17/23.

Make entry fee checks payable to:
Hermes Sports & Events
2425 West 11th St., Suite #2
Cleveland, OH 44113

TEAM SPIRIT:

Are you participating in honor or memory of someone special? Why not encourage family, friends, and coworkers to form a team? To make an OROC team, you need at least eight participants and a fundraising goal. Questions? Contact Adam Petrovic at Hermes: apetrovic@hermescleveland.com or 216-623-9933.

RACE SCHEDULE:

7:00 a.m.	Race Day Registration
7:30 a.m.	Celebration Rally
7:45 a.m.	Survivors' Tribute
8:30 a.m.	5K Race & 1-Mile Family Run Start
9:30 a.m.	Awards Ceremony

Survivor Group & Team Award Photos take place immediately following Survivor's Tribute.

If you choose to join us virtually, run or walk any day you like! Please share photos of you and/or your team and tag OROC on Facebook, Instagram and Twitter.

If you'd like to submit your 5K result, email your time to Adam @ apetrovic@hermescleveland.com
Deadline to submit is midnight on August 6th.

AWARDS:

For 5K race, top male and female overall finishers, and two deep for men and women in the following age groups: 9 and under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+.

Participants must be present to receive awards.

OROC® RACE REGISTRATION

Race Day: August 5, 2023

Mail-in entries must be received by 7/17/23

Please print clearly and complete one form per participant.

Indicate Event: 5K _____ 1 Mile _____ Virtual _____

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____

Date of Birth: _____ Age on Race Day: _____

Sex: M _____ F _____ I would like to join TEAM _____

In consideration of your accepting this entry, I hereby for myself, my heirs, executors, and administration, waive and release any and all rights and claims for damages I may have against OROC, Hermes Sports & Events, City of Cleveland, their representatives, successors, and assigns for any and all injuries suffered by me in said event. I further attest that I am physically fit and have sufficiently prepared for this event. I will additionally permit the free use of my name and/or picture in OROC publications or in any news coverage, and give my permission for the administration of medical aid in case of emergency.

Signature: _____
(Parent's signature if participant is under the age of 18)

Circle T-shirt Size: **Youth:** S M L **Adult:** S M L XL XXL

_____ I am an ovarian cancer survivor for _____ years.

Payment:

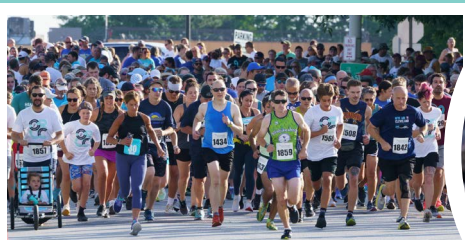
Shirts/bibs mailed to you:	Shirts/bibs picked up at race:
_____ \$30	_____ \$25
_____ \$20 Youth (10 and under)	_____ \$15 Youth (10 and under)

I would like to make an additional donation to OROC of \$ _____
Please make donation checks payable to OROC.

Send completed registration form with entry fee checks made payable to Hermes Sports & Events and any donation checks payable to OROC to:

Hermes Sports & Events
2425 West 11th St., Suite #2
Cleveland, OH 44113

Team registration can be completed online at www.hermescleveland.com
Check in with your team captain for details.



Chuck Horning & Polly's Pals



The Muraco Family



Please cut along dotted line and mail in registration form.