



# OutRun Ovarian Cancer

*Presented By OutRun Ovarian Cancer*

Saturday, August 25 marks the date for the fourth annual OutRun Ovarian Cancer (OROC) 5K Race/Walk and 1-Mile Family Fun Run. OROC is a volunteer-driven, nonprofit organization dedicated to generating ovarian cancer awareness and raising funds for research and education.

OROC Founder Gretchen Nock of Avon Lake said, "OROC's annual race/walk is a fun family event with a Rock and Roll theme. The 5K Race features live bands and entertainment along the route. We also have a kids' tent with activities and crafts. Honorary Chairperson NewsChannel5 Anchor, Lee Jordan, will speak at a pre-race 'Celebration Rally' to honor survivors

and their families."

The 5K Race/Walk and 1-Mile Family Fun Run start and finish at the Rock and Roll Hall of Fame and Museum. The 5K route will pass several of Cleveland's historic and musical landmarks. "In 2006, we had more than 2,100 runners and walkers," Nock said.

Pre-registration cost per person is \$18 before August 20, 2007. After August 20, the cost is \$25.

The youth participant (age 10 and under) fee is \$10. All participants receive a t-shirt

and a drawstring goody bag. In addition, entries received by August 20, 2007 will be entered into an "iPod Give-

Walk, visit [oroc.org](http://oroc.org). To register online as an individual or a team, go to [hermesleveland.com](http://hermesleveland.com). Non-participants can also support OROC by pledging money to a runner or a walker.

Day-of-race registration begins at 7:15 a.m. in front of the Rock and Roll Hall of Fame and Museum. The OROC Rally kicks off at 7:50 a.m. in the same location. The 1-Mile Family Fun Run starts at 8:20 a.m., and the 5K Race/Walk

begins at 9 a.m.

Nock said, "This year, 28,000 women in the U.S. will be diagnosed with ovarian cancer. Unfortunately, another 14,000 will also die from the disease. We want women to be aware of the symptoms which can include bloating, pelvic or abdominal pain, difficulty eating or feeling full quickly, and urinary symptoms (urgency and frequency). Currently, there is no reliable screening method available for early detection. Women need to know their family medical history and that a Pap smear is not a test for ovarian cancer."

Through proceeds generated from the 5K Race/Walk and other events, OROC has donated more than \$200,000 to ovarian cancer research and education in Northeast Ohio.

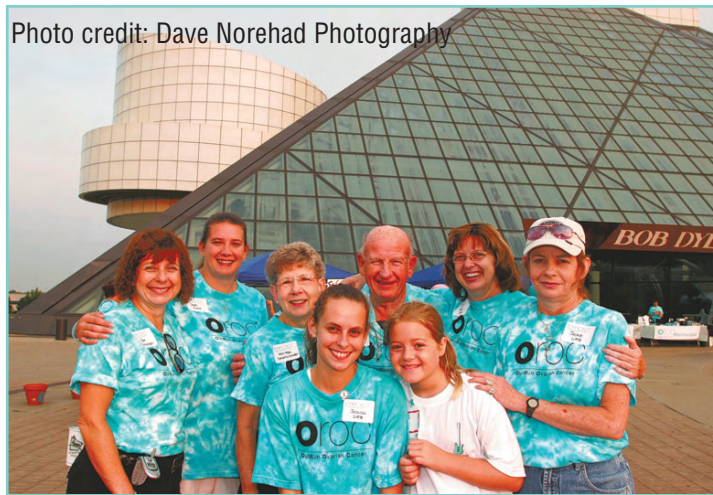


Photo credit: Dave Norehad Photography

The OutRun Ovarian Cancer 5K Race/Walk and 1-Mile Family Fun Run will take place on Saturday, August 25th at The Rock and Roll Hall of Fame and Museum. For more information, visit [www.oroc.org](http://www.oroc.org).

away" drawing.

For more information about OROC and the 5K Race/

Walk, visit [oroc.org](http://oroc.org). To register online as an individual or a team, go to [hermesleveland.com](http://hermesleveland.com). Non-participants can also support OROC by pledging money to a runner or a walker.

			<b>5K Race / Walk &amp; 1-Mile Family Fun Run</b>	
				<b>iroc uroc oroc</b> OutRun Ovarian Cancer
	<a href="http://www.oroc.org">www.oroc.org</a>			
<b>Saturday, August 25, 2007</b> Race starts and finishes at the Rock and Roll Hall of Fame and Museum®				